



2023-2024 CLASS SCHEDULE

95 Vanderbilt Ave - Norwood, MA 02062

Phone: 781-769-6150 - Email: gabnorwood@comcast.net

Class	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Time	Semester Price
Me and My Shadow	9:00, 10:30	10:00, 9:15	10:30, 3:45			9:00, 9:45	9:00	40 min	\$245/10 weeks
Tumble Tots 3-5 Years	9:45 4:00, 5:00	10:45 3:45	9:45 3:45, 6:00	3:45 4:45	3:45	9:00, 9:45 10:30, 12:30	9:45	40 min	\$245/10 weeks
LEVEL			ONE		60 MIN				
Fireflies Ages 4.5 to 6	4:00, 5:00 6:00	3:45 4:45	3:45 4:45, 6:00	3:45 4:45	3:45 4:45	10:30 12:30	10:30	55 min	\$275/10 weeks
Boys Lions 6-9	4:00		4:45	5:45		10:30		55 min	\$275/10 weeks
ladybugs ages 6 to 10	4:00, 5:00 6:00	3:45, 4:45 5:45	3:45, 4:45 6:00	3:45, 4:45 5:45	3:45, 4:45	10:30, 11:30 12:30	10:30	55 min	\$275/10 weeks
Co-ed Ninjas ages 6-9		3:45						55 min	\$275/10 weeks
LEVEL			TWO		90 MIN				
Power Gym *NEW ages 6+	5:00				5:45			55 min	\$275/10 weeks
Rising Star ages 6-8	6:00	4:30	4:30	4:00	4:30	11:30	9:00	85 min	\$350/10 weeks
Shooting Star ages 8+	6:00	4:30	4:30	4:00	4:30	11:30	9:00	85 min	\$350/10 weeks
LEVEL			THREE		90 MIN				
Pre Team	6:00	5:45	4:30	4:00		11:30		1hr 55min	\$385/10 weeks
Trampoline Acro/Tumbling	7:00				5:45			55 min	\$275/10 weeks
Level 1: Beginner/ Intermediate Level 2: Intermediate/Advanced (teacher recommended) Level 3: Advanced(invite only)									
Quarter 1 Sept 3 rd - Nov 11 th Quarter 2 Nov 12 th - Jan 27 th Quarter 3 Jan 28 th - Apr 13 th Quarter 4 Apr 14 th -Jun 22 nd									
GAB individual Annual membership \$40; Family membership \$50 Effective Sept 1, 2023 - August 31st, 2024									