

COVID-19 ATHLETE WAIVER



Doing my part to keep GABC and my athlete safe. I want to do my part to help GABC keep my child(ren), his/her teammates, the coaches, other families and everyone else at the gym as safe as possible under the Covid-19 pandemic. I have read, understood and agree to follow the following policies and procedures. I understand and agree that:

- I will drop my gymnast off and pick her up at the designated team door to the gym.
- Both I and my gymnast will have a cell phone to communicate with her when I arrive to pick him/her up. If cell phone texting is not available, a coach will accompany remaining gymnasts out to meet their parents with 6' distancing.
- I am required to wear a mask when entering the GABC facility.
- I am aware that my child must wear a mask when transitioning through common areas
- There will be no hands-on spotting for at least the first month of practice after GABC re-opens.
- I will support the social distancing standard of 6' to 10' while at the gym.
- Practice start and end times will be staggered to insure time for the gymnasts to get in and out of the gym safely, to provide time to wipe down the equipment between each practice and for teachers to thoroughly wash their hands.
- My gymnast will have regular opportunities to use the hand sanitizing stations available in all areas of the facility.
- My gymnast will use the restroom and wash his/her hands thoroughly before leaving home and while at the gym as needed.
- My gymnast will bring his/her clearly marked bag to the gym each day with all recommended items included.
- I will have my gymnast wash hands and feet thoroughly upon arriving back home and her bag will be cleaned upon arriving home and again before she brings it back into the gym.
- I agree to keep my gymnast home if she or anyone in my family is coughing, has a temperature over 100, or other Covid-19 symptoms.
- I understand and agree that these procedures will change and evolve over time and that I will follow any new standards required by the local Board of Health, the Commonwealth of Massachusetts and/or GABC. I understand that the coaches and everyone at the gym will make a strong effort to maintain social distancing but that there will be times when incidental contact and less than prescribed physical distancing will occur. I am aware and agree that spotting is an essential part of training my gymnast in order to keep him/her safe and to prevent injury. I will allow my child to be spotted when spotting is necessary. I further understand that I am voluntarily allowing my child to participate in programs and activities offered by GABC, knowing that it is impossible to keep him/her, myself or anyone else who enters the gym completely safe from exposure to any infectious disease.

My signature is my understanding of, and acceptance of the risks.

Signature:

Parent or Guardian

Date