

You LOVE To Tumble At G.A.B. ...

...& we would like to Thank You for your kind and motivational words.

Thank You from all of us at G.A.B.



Sydney doing a one handed cartwheel, smore in hand, on our last day of vacation in Maine. She spent the entire week trying to teach her 6 and 8 year old cousins how to do cartwheels....

...thanks to GAB she pretty much has them mastered!!!

(Beth Rooney Schultz)

Taylor shattered her elbow so badly in the 1st grade that her ortho surgeons and OTs said that she would probably not be able to do gymnastics again. But after being out for 2 full years to rehab her elbow she is back in full swing and enjoys every minute of her classes with the G.A.B. instructors.

(Jennifer Clark Mordas)



Lauren has loved GAB since the moment she walked in the door 5 years ago.... she absolutely loves all of the instructors which have been a big part of her love of the sport and have encourage her to be even more successful at a competitive level.

(Cecilia Binda Fusco)



Lauren

Nicole is very thrilled to have been asked to join the TEAM!!!Keep up the hard work!!!

(Susan Messier Fox)



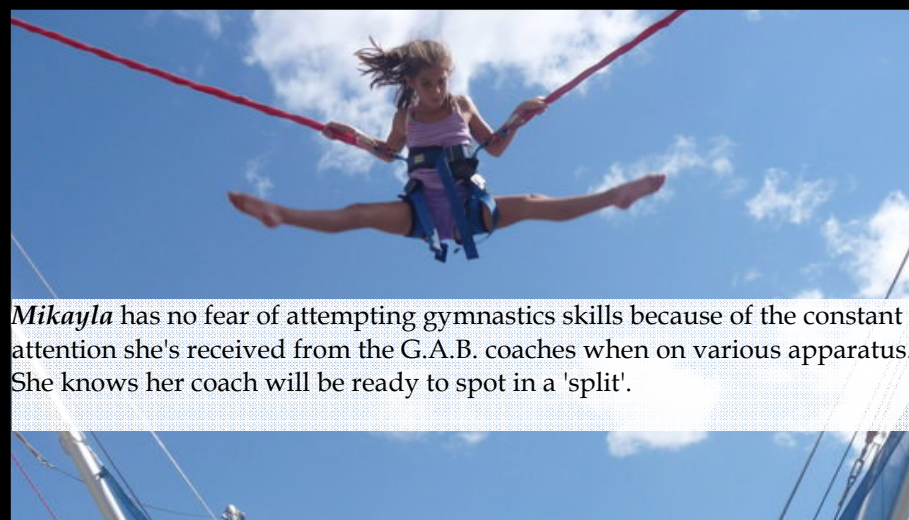
Paige has been at GAB for a while and loves it! She is moving up to Sapphire in the fall and can't wait to see what she will do. She especially loves the shows and showing off to her family what she has learned! I like how all the coaches seem to know all the kids even if it isn't "their" kids.

(Shannon Paul)

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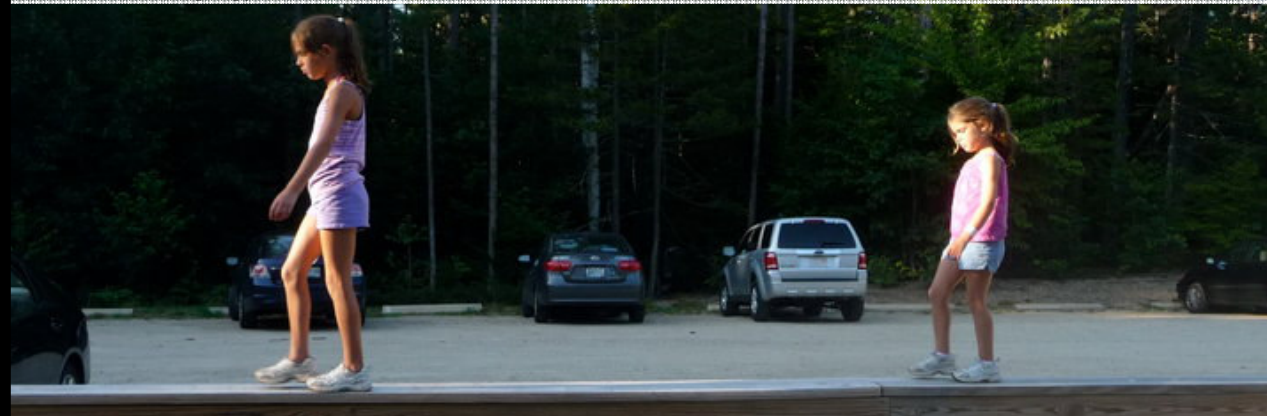


Mikayla has no fear of attempting gymnastics skills because of the constant attention she's received from the G.A.B. coaches when on various apparatus. She knows her coach will be ready to spot in a 'split'.

Hailey thinks gymnastics is so much fun! There is swinging, hanging and tumbling almost everywhere we go!



Through gymnastics my children have learned that 'balance' is an important part of life...



My children not only love attending classes at G.A.B., but also love spending time with the great staff! G.A.B. has been a positive and rewarding experience for both of them! What I love about G.A.B. is how the coaches strive to make each and every child special by catering to the individual in order to help them gain confidence as they master new skills and set new goals for themselves. *(Cristina Corbell)*



Katy started GAB in the summer of 2008 in the Ruby level. She has since advanced to Sapphire and looks forward to continuing classes with GAB. As a parent, I appreciate the feedback and how hard the teachers work with the students to give them the correct guidance they need to excel in the program. *(Alicia Chrostek Piette)*

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I can't say enough about the amazing GAB staff!! The environment they create is so family-friendly. Even coaches that don't work directly with my little guy treat him like a member of the family! I wouldn't have it any other way!!
(Carrie-Ann Egan Kayan)



We signed up for GAB in March and my daughter was very new to gymnastics, she couldn't even do a cart wheel, 3 weeks later she was non stop cart wheeling thanks to Mr. Allen's constant support!!
Thank You GAB
(Debbie Eaton)

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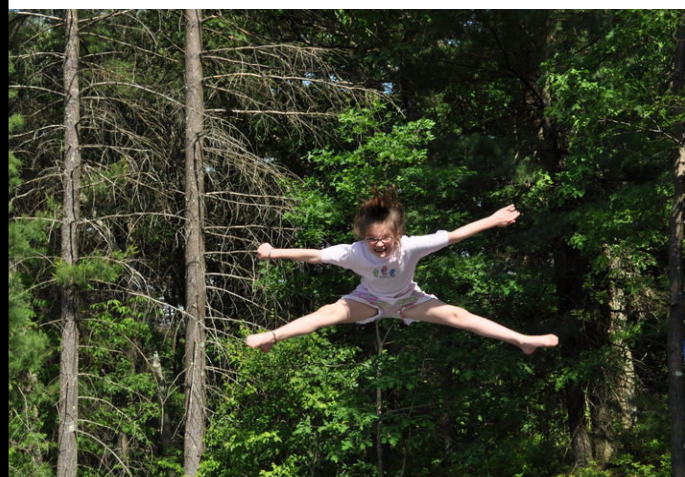
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G.A.B. = GYMNASTICS AT the BEACH

I want to thank the gym for taking me this far in gymnastics. In the past three years I've learned so much, especially in the past season. The coaches are wonderful. I can't wait for another competitive season. (Isabelle Renzi)



I have attached a picture of Karly McDonald age 8. She is doing a straddle jump on her trampoline at home. Karly has been doing gymnastics at GAB in Plainville for the past 5 years. I am amazed at how much she has learned and grown. She started at GAB in the me and my shadow classes and is eventually hoping to join the team. Gymnastics has helped her in so many ways. Her core strength has improved which helps her succeed in other sports. Her self confidence is great, and gymnastics has helped her to really believe in herself and her abilities. Thanks so much. Add a caption I have attached a picture of Karly McDonald age 8. She is doing a straddle jump on her trampoline at home. Karly has been doing gymnastics at GAB in Plainville for the past 5 years. I am amazed at how much she has learned and grown. She started at GAB in the me and my shadow classes and is eventually hoping to join the team. Gymnastics has helped her in so many ways. Her

core strength has improved which helps her succeed in other sports. Her self confidence is great, and gymnastics has helped her to really believe in herself and her abilities. Thanks so much. (Keris McDonald)

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Our daughter started at GAB when she was only 18mths. We took a little time off when her little sister was born, but She was the one who begged us to go back. She constantly talks about how much she loves it there. We have enjoyed their birthday parties and now for two summers in a row, their fabulous summer camp. At home she spends her time trying to teach her little sister how to do cartwheels and we even had to download some of the GAB music onto our ipod. The excitement that she has for gymnastics is infectious and we can't thank the GAB staff enough for helping her develop at passion at such a young age. You are all so talented and have so much energy and enthusiasm.

Thank you GAB.
Sincerely, *Melanie and Jon Brucato*

Kaleigh started with Miss. Ivana in MMS at 2 1/2... Now she is 8 on team level 4! The beginning of this year she was mastering a Backhand spring, with 3 months she was doing them across the floor! Then the day of the show ALL the level 4's surprised us with Back Tucks! Holly should be so proud of all the hard work you did! The girls have come a long way this year! Great job to you and the girls:)

(Kim Antonelli DeMarco)

